

### **Reiki Level 1**

In this workshop you will learn about:

- What Reiki is
- The history and origins of Reiki
- The human energy body
- The use of energy as a healing tool
- Reiki treatment
- Self healing
- How to treat others
- Using Reiki on pets
- Traditional hand positions for Reiki

You will be attuned to the first level of Reiki which enables you to channel Reiki energy for the purpose of self healing and healing friends and family.

### **Reiki Level 2 (Practitioner Level)**

In this workshop you will learn about:

- How to conduct a Distance healing
- Why some people will not heal
- Level 2 symbols and their uses
- The Chakras and chakra balancing
- Professional behaviour and other requirements of a Reiki practitioner
- How to set up your own treatment room

You will be attuned to the second level of reiki which will enable you to perform distance healing and to become a Reiki practitioner.

### **Seichim Level 1 (included in Reiki Level 2 workshop)**

In this part of the workshop you will learn about:

- The history and origins of Seichim
- Patrick Zeigler's Story
- Seichim symbols
- Grounding
- Creating a Chi ball
- Infinity meditation
- How to conduct a Seichim healing

You will be attuned to level 1 Seichim which will enable you to use the Seichim energy in your healings.